

## Girls Recreational Gymnastics

This class is offered to girls ages 6 to 13 and consists of beginner, intermediate, and advanced gymnastics skills. The athletes will be developing skills for the four Olympic women’s gymnastics events (Uneven Bars, Balance Beam, Vault, and Floor Exercise) as well as additional events (Trampoline, Tumble Track, etc.). Classes will include exercises and strength stations geared towards building total body strength that will better prepare them for a future in gymnastics as well as other sports.

(We accept Cash, Check, or Cards) |

<b>MONDAY</b>	<b>TUESDAY</b>	<b>THURSDAY</b>	<b>Saturday</b>
4:15 – 5:15	4:15 – 5:15	4:15 – 5:15	9:00AM-10:00AM
4:15-5:15* (Intermediate)	4:15-5:15* (Intermediate)	4:15-5:15* (Intermediate)	10:00-11:00* (Intermediate)
5:30 – 6:30	5:30 – 6:30	5:30 – 6:30	
6:45 – 7:45			
6:45-7:45* (Intermediate)			

### Ages 6y-13y

**Annual Registration Fee: \$40.00**

*(per student, 4 student max)*

**Tuition Fee: \$70.00**

(\$67 if enrolled in auto draft)

**Sibling Monthly Tuition: \$63.00**

Each student is allowed one make-up class per month. There is a 30-day window from the class missed to schedule a make-up. Please contact the office, 615-465-0300, to schedule this make-up class.